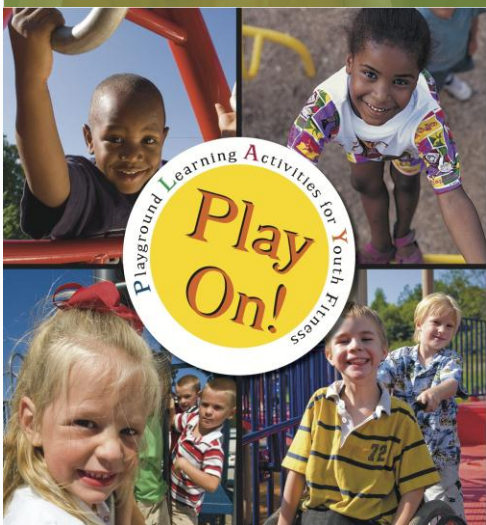




A standards based PE program to promote learning, fitness, and fun!

Because we believe in ending childhood obesity in our lifetime



Program benefits:

- ✓ 100 standards based Learning Activities for children in grades K-5
- ✓ Fully aligns with NASPE physical education standards
- ✓ Includes children of all abilities
- ✓ Encourages parental involvement
- ✓ Promotes moderate to vigorous levels of physical activity
- ✓ Includes funding information
- ✓ Provides valuable assessment tools
- ✓ Play is fun for all children, and requires little encouragement for participation!

For more information on bringing Play On! or a Play On! certified playground to your facility, contact PlayCore at info@playcore.com or log on to www.playcore.com

Developed in partnership with:

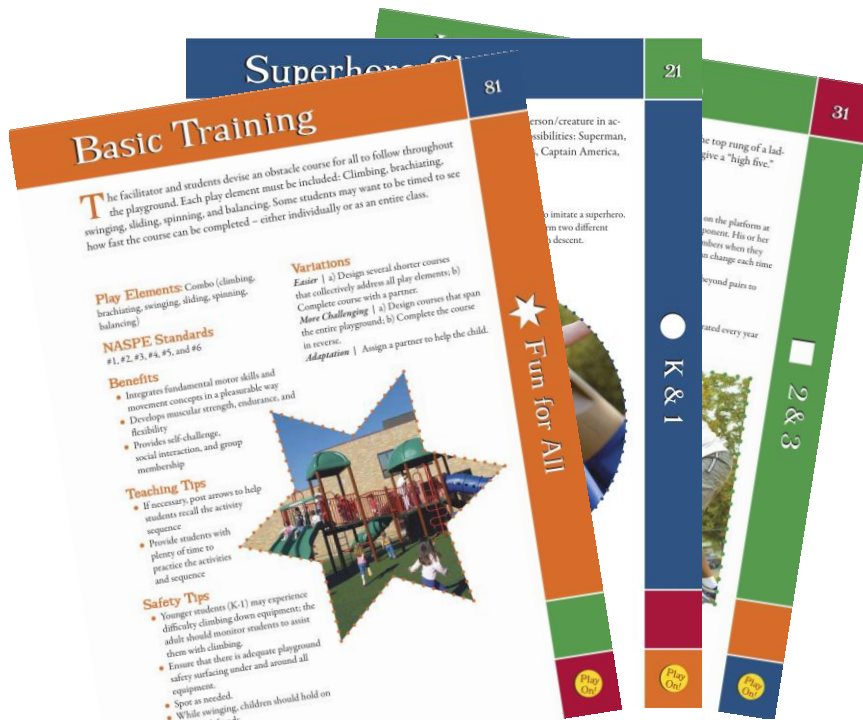


AMERICAN ASSOCIATION FOR PHYSICAL ACTIVITY AND RECREATION



PLAYCORE® 401 Chestnut St Suite 310
Chattanooga TN 37402
www.playcore.com 877.762.7563
Building communities through play™

Research



“We support the implementation of the Play On! curriculum as a means of maintaining and improving regular and fun participation in physical activity for young people.”

-Dr. Yuanlong Liu and Dr. Suzan F. Ayers, Western Michigan University

Real programming, real research, real results!

Researchers from Western Michigan University conducted an objective analysis of the Play On! program to evaluate its role in getting kids moving and having fun! Research included pre and post intervention surveys and qualitative measurements from children, parents, and teachers. Over 6,000 children from 14 beta sites in 5 states participated in the research, administered by AAPAR.

Research findings:

- ✓ 91% of teachers reported that playground use increased
- ✓ 90% of teachers plan to use the program in the future
- ✓ 100% rated the program 4-5 on a 5 point scale
- ✓ ¼ of parents participated in more family activity after the Play On! program was initiated
- ✓ 100% of students reported having fun engaging in the activities
- ✓ 90-100% of teachers reported that Play On! motivated students to participate in regular, enjoyable, physical activity in a safe and supervised environment.

Research sites:

Weaver Elementary- *Springfield, Mo*
Bissett Elementary- *Springfield, Mo*
Delaware Elementary- *Springfield, Mo*
Sequoia Elementary- *Springfield, Mo*
Truman Elementary- *Springfield, Mo*
Campbell Elementary- *Springfield, Mo*
Disney Elementary- *Springfield, Mo*

Bowerman Elementary- *Springfield, Mo*
Cowden Elementary- *Springfield, Mo*
Fultondale Elementary- *Fultondale, AL*
Port O’Conner Elementary- *Port O’Conner, TX*
Independence Elementary- *Lewisville, TX*
Petal Primary School K-12- *Petal, MS*
English Estates Elementary- *Sanford, FL*